

Canisius Centre of Ignatian Spirituality



Ignatian Workshop ~ Wilkie Au & Noreen Cannon Au ***Holistic Spirituality: God's Unconditional Love*** ***and the Healing of Shame***

9am-5pm Wednesday 4 February – Friday 6 February 2015



The workshop will focus on a holistic Christian spirituality as it relates to personal development and spiritual growth. In this context, Wilkie and Noreen will discuss how shame undermines our spiritual life and relationships with others. Their forthcoming book discusses the many shades, sources, and symptoms of shame and suggests ways in which Ignatian imaginative contemplation can open the way to healing grace. Dreamwork—an important avenue to self-knowledge—will be part of each day.

Wilkie Au, PhD is a spiritual director and professor emeritus of theological studies at Loyola Marymount University where he taught in the area of spirituality and pastoral ministry. Noreen Cannon Au, PhD is a practising Jungian analyst and a faculty member of the CG Jung Institute, Los Angeles.

Integrating Christian spirituality and modern psychology, their award-winning books have been translated into and re-published in many languages. For more information, see www.wilkieandnoreenau.com

Venue: Canisius Centre of Ignatian Spirituality, 102 Mona Vale Road, Pymble NSW 2073

Workshop Cost: \$309 live-in and \$183 live-out including lunch and refreshments

Bookings and Enquiries (also re possibility of staying the night of Tuesday 3 February 2015)

Ph.: (02) 9488 4524: **Email:** canisius@cis.jesuit.org.au, **Online:** www.retreats.org.au

Bookings close 27 January 2015